



Official Weekly Publication * Rotary Year 2020-2021

Meets every Wednesday * 1:00 P.M. Via Zoom, Davao City



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Volume 53 Southern Kris Number 34 34th Regular Weekly Meeting Via Zoom March 10, 2021 * 7:00 PM Programme I. Opening: Call to Order.....Pres. Inggy Bertelsen Invocation & Recitation of the 4-Way Test & Object of Rotary.....Aud. Ester Gahol Introduction of Guests & Visiting Rotarians.....Sec . Jane Gripo II. Programme Proper **Rotary Information &** Secretary's Report.....Sec. Jane Gripo Introduction of Resource Speaker.....PP Nomi Monfort SPEECH.....PPIsmael "Maeng" Tabije President's Time Pres. Inggy Bertelsen III. Closing Announcements / Adjournment **PP Don Torno** Master of Ceremonies

Invocation

Why not use what is yours to use? What is the use of having an electric light in your room if you fail to switch it on and fill the room with light? Why not keep turning to me for help and strength, and use all those wonderful gifts which are there waiting for you? Cease struggling on your own, for when you know me and love me, you will want to be ever aware of me and of my divine presence. You will want to walk in the light, for where there is light, darkness is no more. You generate light by your positive, constructive living and being; therefore allow nothing negative in you to dim that light. You may need to do it consciously until all negativity falls away from you and you learn to live positively all the time. It may be a real effort for you to do it to begin with, but gradually it will become as natural to you as breathing. Amen.

OBJECT OF ROTARY

The object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular to encourage and foster:

FIRST:

The development to acquaintance as an opportunity for service;

SECOND:

High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD:

The application of the ideal of service in each Rotarian's personal, business and community life;

FOURTH:

The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

FOUR WAY TEST

OF THE THINGS WE THINK, SAY OR DO

- 1st Is it the TRUTH? 2nd Is it FAIR to all concerned? 3rd Will it build GOODWILL and BETTER FRIENDSHIPS? 4th Will it be BENEFICIAL to all
- 4th Will it be **BENEFICIAL** to all concerned?

Declaration of Rotarians in Business and Professions

As a Rotarian engaged in a business of profession, I am expected to:

- 1. Consider my vocation to be another opportunity of service;
- 2. Be faithful to the letter and to the spirit of the ethical codes of my vocation, to the laws of my country, and to the moral standards of community.
- Do all in my power to dignity my vocation and to promote the highest ethical standards in my chosen vocation;
- Be fair to my employer, employees, associates, competitors, customers, the public and all those with whom I have a business or professional relationship;
- Recognize the honor and respect due to all occupations which are useful to the society;
- Offer my vocational talents to provide opportunities for the relief of the special needs of others, and to improve the quality of life in my community;
- Adhere to honesty in advertising and in all representations to the public concerning my business or profession;
- Neither seek from nor grant to a fellow Rotarian a privilege or advantage not normally accorded to others in a business or professional relationship.

Rotary Information...

The Supurunda Water Supply Project in Papua New Guinea has been a successful example of how Rotary is advancing peace and providing clean water and sanitation. *by Rotary Down Under*

In 2018, eight villages inhabited by five cultural groups agreed to put aside past conflicts so they could enjoy the benefits of a safe, clean water supply. The resulting water system is now a common and enduring thread that, no matter what else happens, will unite them and will be protected by them for everyone to enjoy into the future.

The project area is 30 km (about 19 miles) northwest of Goroka, in Daulo District, in the Eastern Highlands Province. With a total cost of US\$62,969, the project was supported by a Rotary Foundation global grant of \$24,011, along with funds from a number of Rotary districts and clubs in Australia and Papua New Guinea.

The Rotary Club of Goroka managed the project, and Osivo Ombuano, then the club's secretary, led the effort. Ian Cameron of the Rotary Club of Mitchelton, Queensland, and Wes Nichols of the Rotary Club of Toowong, Queensland, served as project directors and mentored the project delivery team.

The system supplies clean water to 3,000 villagers in eight villages for the first time ever. The water comes from a spring and is delivered through a gravity-feed system that has few parts, which will make maintaining it relatively easy and inexpensive. Construction materials were purchased locally, and the villagers completed construction within six weeks. Over 7 km (4.3 miles) of pipe were trenched as part of the project, tanks were installed to store the water, and 52 communal taps now provide free-flowing water to clusters of houses, schools, churches, and health clinics.

The spring can supply 2.25 liters (.6 gallons) per second — that's up to 65 liters (17 gallons) per person per day. Water from the Asaro and Gota Rivers, although not fit to drink, supplements the water supply to irrigate crops, helping drive the community's economic development.

Before the project began, a memorandum of understanding was developed between the five tribal groups and the owner of the water supply source to share the water among the villages. This agreement was used as the basis for a policy document, which is registered with the local court and is enforceable by law.

A water, sanitation, and hygiene education program was rolled out prior to construction, with sessions for schoolchildren and other villagers. A briefing was held for the Supurunda Water Supply Committee, and this helped ensure that the program was implemented effectively for the entire population. The program will be repeated each year for schoolchildren.

Osivo and his skilled team of plumbers, carpenters, concreters, pipe layers, and other water supply installers trained the local workforce in installing and maintaining the water supply system.

Everyone — men, women, and children — was involved in the construction phase, which gave them all ownership of the project to ensure that the system will be protected and preserved.

Celebrating the success with a feast

Around 2,000 people came to celebrate the completion of the project in a groundbreaking opening ceremony, where all eight villages were represented by people in traditional dress.

Supurunda Water Supply Committee Chair, Pastor Monda Kombai, said the ceremony was the biggest celebration they'd held since independence in 1975.

The villagers supplied 13 pigs — an unusually large number — to be cooked in a mumu, a pit in the ground for roasting pork and vegetables. Along with other food, it was divided and presented to various parties in honor of their contributions to the project. As a comparison, only one pig was shared at the most recent celebration before this.

Pigs play an important role in Papua New Guinean culture, where they represent social values and are a status symbol.

"When we asked why so many pigs were offered up, we found out that, as well as for the celebration, the pigs were being used to settle past grievances," Nichols says. "Peace and conflict resolution was happening right there in front of us and all as a byproduct of supplying safe, clean water. This was an extremely serious and important part of the celebration."

The Supurunda Water Supply Committee will oversee the operation and maintenance of the system, and a monthly levy on households will raise funds for its maintenance.

"They are a very professional team and have everything in place to ensure the sustainability of the project," Nichols says.

Since the initial project was completed, the water supply system has been extended to the nearby village of Osomea. A 5,000-liter tank from an unsuccessful European Union project was relocated to Osomea to be used as a distribution tank for the village.

The Supurunda Water Supply Committee still meets, the education program continues, and the people's health is benefiting.

"This has been a spectacularly successful project," Nichols says. "It is providing water to communities who never imagined they would ever see clean, running water in their villages in their lifetime."

The Supurunda Water Supply Project and its forerunner, the Dudumia Project, are being used as templates for five more projects now in progress. Global grant applications for water supply systems in the villages of Benga, Kranget, Obura, Sausi, and Waripo are currently being assessed.



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Secretary's Report

An Dharling Jane Gripo Club Secretary

Comparative Weekly Attendance

Mar. 3
29
04
07
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18
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25
32.00%

Thank you for making-up: Pres. Inggy Bertelsen

Happy Birthday!!!

March 15 – Sp. Ely Torno 19 – PP Nomi Monfort 25 – PP Rudy Abellana 26 – PP Braul Lim



Guest: Mrs. Cristina Jalad

Reminder:

VIRTUAL PETS-SETS 2021

March 11 – 7PM Opening Plenary Session March 13 – 4PM Plenary Sessions March 18 – 7PM Breakout Sessions March 19 – 7PM Closing Plenary & Graduation Mar. 17 - RCSD 35th E-meeting Speaker: Mr. Olaf Miguel Bautista **RAFI** One to Tree Mar. 24 - RCSD 36th E-meeting

Speaker: Mr. Clement Jacquot **BioGrow Substrates Phils.**



The President's Corner

Bertel Ingmar Bertelsen Club President

Hello Fellow Rotarians.

I found a nice article that I want to share with you all cause maybe some of you will recognize yourself in this.

Four reasons you have Zoomfatique Problem: Extreme amounts of close-up eye contact is intense.

The amount of eye contact we enter into on video chats, as well as the size of faces on monitors is abnormal. In a typical conference, people will look around the room. But on Zoom calls, everybody is looking at everyone — all the time. Listeners become speakers because people are staring at you even when you don't speak.

Solution: Bailenson recommends switching Zoom out of the fullscreen option and decreasing the size of the Zoom window. He also suggests using an external keyboard to allow an increase in the personal space bubble between oneself and the grid.

Problem: Prolonged episodes of watching yourself on video is fatiguing.

Most video platforms display a square of what you look like on camera during a discussion. But that's unnatural, Bailenson said. "In the real world, if somebody was following you around with a mirror constantly — so that while you were talking to people, making decisions, giving feedback, getting feedback — you were seeing yourself in a mirror, that would just be crazy. No one would ever consider that," he added.

The disconnect is jarring and unrelenting — and can extend to our voices, as one Twitter user notes.

Solution: Bailenson proposes video conference platforms modify the default practice of streaming the video to both presenters and viewers, when it only needs to be sent to viewers. Presenters can use the "hide self-view" button, which you can do by right-clicking your own photo.

Problem: Video chats considerably lowers our ability to move. In-person and phone chats allow people to move. But with Zoom, most people have to stay in the same spot or the camera focus gets thrown off. This means your movement is limited in ways that don't feel natural.

Solution: Bailenson recommends people consider the room they're chatting in. Sitting away from the screen will allow you to walk and doodle in virtual conversations just like we do in face-to-face meetings. Also, you can turn off the video every now and again — it will give you a short nonverbal rest.

Problem: The cognitive load is much higher in video chats.

Bailenson notes that in typical face-to-face interaction, nonverbal communication is natural. But in video conversations, we work harder to convey and receive signals. The study states that gestures could mean different things in a video context. A sideways glance to somebody during an in-person meeting signifies something very different than an individual on a chat grid looking off-screen to their dog who just started scratching on the door.

We can all relate — it's exhausting to constantly scan and think of nonverbal communication.

Solution: During long stretches of meetings, make sure to give yourself an "audio-only" break. "This is not simply you turning off your camera to take a break from having to be nonverbally active, but also turning your body away from the screen," Bailenson said, "so that for a few minutes you are not smothered with gestures that are perceptually realistic but socially meaningless."

Bailenson is continuing his research on video exhaustion. If you are interested in measuring your own Zoom fatigue, you can take the survey <u>here</u> and take part in the research project.



This year we are going to be on the Digital Platform, Hence our venue will be @ DISTRICT 3860 (SEE THE HIGHLIGHTED PORTION OF THE MAP). The platform allows the whole district to come together as ONE... where all Rotarians will participate in a truly "District-Wide Gathering." It will be where you are at because this year we'll bring the DISCON to you.

Speaker's Profile... **PP ISMAEL "Maeng" TABIJE**

A. Education

- Master in Business Management
 Asian Institute of Management
 Makati City, Philippines
- Bachelor of Science in Civil Engineering
 University of Mindanao Davao City, Philippines
- Advanced Studies in Hydrology & Water Resources Engineering
 University of Freiburg, Germany
- B. Professional Experiences

International Development Consultant to the United Nations, World Bank, Asian Development Bank, Japan International Cooperation Agency, European Commission, Philippine Government, Government of Timor-Leste & Government of Vietnam.

Former **Head of the National Irrigation Administration** in Davao del Norte and Compostela Valley

Former **Department Director of the SZOPAD Social Fund** of the Office of the President of the Philippines

Former Graduate School (MBA) Lecturer - Ateneo de Davao University

Former Editor-Publisher, Citibooks International Publishing

Former Columnist, Sunstar Davao

Membership in Civic Organizations:

- Rotary Club of South Davao Past Club President
- Kiwanis Club of Tagum Past Club President & Lt. Governor
- National Association of Provincial Irrigation Engineers
 Past National President
- German Association for Water Resources and Land Development
 International Member
- American Society of Civil Engineers International Member
- · Association of Filipinos in East Timor Convenor and Charter President

Recipient of numerous international, national and local awards from different international organizations, government agencies and NGOs.



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